

S U P P L E M E N T F A C T S

ADVOCARE HARMONY™

POMEGRANATE LEMONADE

Supplement Facts

Serving Size: 1 stick pack (14g) [makes 8 fl oz prepared]
Servings Per Container: 15

| | Amt Per Serving | %DV |
|---|----------------------|------|
| Calories | 35 | |
| Total Carbohydrate | 9g | 4%† |
| Dietary Fiber | 3g | 11%† |
| Total Sugars | 3g | |
| Includes 3g Added Sugars | | 6%† |
| Vitamin A (as palmitate) | 230mcg | 26% |
| Vitamin C (as ascorbic acid) | 450mg | 500% |
| Vitamin D (as cholecalciferol) | 20mcg | 100% |
| Vitamin E (as d-alpha tocopheryl acetate) | 5mg | 33% |
| Zinc (as gluconate) | 11mg | 100% |
| Selenium (as sodium selenite) | 30mcg | 55% |
| Sodium (as bicarbonate) | 50mg | 2% |
| Potassium (as bicarbonate) | 290mg | 6% |
| Inulin (prebiotic) | 3g | ** |
| Apple Cider Vinegar | 600mg | ** |
| Beta 1,3/1,6 Glucan (from yeast extract) | 250mg | ** |
| Decaffeinated Black Tea Powder | 200mg | ** |
| Black Elderberry Extract (fruit- <i>Sambucus nigra</i> L.) | 100mg | ** |
| Kombucha Powder | 100mg | ** |
| <i>Bacillus coagulans</i> (probiotic) | 67mg (1 Billion CFU) | ** |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: CRYSTALLINE FRUCTOSE, CITRIC ACID, NATURAL FLAVORS, MALIC ACID, SILICA, FERMENTED CANE SUGAR (STEVIOLE GLYCOSIDES REB M), STEVIA LEAF EXTRACT (REB A), MALTODEXTRIN, FRUIT & VEGETABLE POWDERS (FOR COLOR), GUAR GUM, XANTHAN GUM.

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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT IF YOU ARE PREGNANT, NURSING, OR HAVE A MEDICAL CONDITION.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

ADVOCARE® INTERNATIONAL, LLC