

S U P P L E M E N T F A C T S

SLEEPWORKS®
LAVENDER SPEARMINT

Supplement Facts

Serving Size: 2 fl oz (60mL)
Servings Per Container: 12

	Amt Per Serving	%DV
Calories	5	
Niacin	5mg	31%
Vitamin B-6 (pyridoxine HCl)	2mg	118%
Magnesium (as Magnesium Citrate Malate)	100mg	24%
Zinc (as Zinc Gluconate)	5mg	45%
Proprietary Relaxation Blend	356mg	**
Glycine		
L-Theanine		
Valerian extract (root- <i>Valeriana officinalis</i>)		
Passionflower extract (herb- <i>Passiflora incarnata</i>)		
Lemon Balm Extract (leaf- <i>Melissa officinalis</i>)		
Hops extract (flower- <i>Humulus lupulus</i>)		
5-Hydroxytryptophan (seed- <i>Griffonia simplicifolia</i>)		
Melatonin	2mg	**

**Daily Value not established.

OTHER INGREDIENTS: PURIFIED WATER, MALIC ACID, NATURAL FLAVORS, POTASSIUM SORBATE (AS PRESERVATIVE), XANTHAN GUM, SUCRALOSE.

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ADVOCARE® INTERNATIONAL, LLC
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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

DRINK CONTENTS OF ONE 2 OZ. BOTTLE APPROXIMATELY 1-2 HOURS BEFORE BEDTIME. DO NOT COMBINE WITH OTHER SLEEP AIDS, ALCOHOL OR ANTIDEPRESSANT MEDICATIONS. DO NOT DRIVE OR OPERATE MACHINERY AFTER TAKING.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. THIS PRODUCT IS NOT INTENDED FOR CHILDREN OR PREGNANT OR NURSING WOMEN.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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