

S U P P L E M E N T F A C T S

ADVOCARE CATALYST®



Supplement Facts

Serving Size: 3 capsules
Servings Per Container: 30

	Amt Per Serving
L-Glutamine	1,200mg**
L-Leucine	450mg**
L-Isoleucine	225mg**
L-Valine	225mg**
L-Arginine	100mg**
Betaine	50mg**
Taurine	50mg**

**Daily Value (DV) not established.

OTHER INGREDIENTS: GELATIN, STEARIC ACID, MAGNESIUM STEARATE, SILICA.

MANUFACTURED EXCLUSIVELY FOR
ADVOCARE® INTERNATIONAL, LLC
RICHARDSON, TX 75082 • 800-542-4800

FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

TAKE THREE CAPSULES 30 MINUTES PRIOR TO A MEAL, WORKOUT OR BEDTIME. IF DESIRED, MAY TAKE UP TO 3 SERVINGS A DAY (MULTIPLY INGREDIENT AMOUNTS BY 3 FOR TOTAL DAILY SERVING SIZE).

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.