

NUTRITION FACTS

ADVOGREENS® MEAL REPLACEMENT SHAKE
SALTED CARAMEL FLAVORED



| Nutrition Facts | |
|--|----------------------|
| 1 Serving per Container | |
| Serving Size | 1 pouch (61g) |
| Amount per serving | |
| Calories | 220 |
| % Daily Value* | |
| Total Fat 3g | 4% |
| Saturated Fat 0.5g | 3% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 430mg | 19% |
| Total Carbohydrate 24g | 9% |
| Dietary Fiber 1g | 4% |
| Total Sugars 12g | |
| Includes 12g Added Sugars | 24% |
| Protein 24g | |
| Vitamin D 1.5mcg | 8% |
| Iron 4.9mg | 25% |
| Vitamin A 180mcg | 20% |
| Vitamin E 2.7mg | 20% |
| Thiamine 0.1mg | 8% |
| Niacin 2.7mg | 15% |
| Folate 90mcg DFE (54mcg folic acid) | 25% |
| Biotin 40mcg | 130% |
| Phosphorus 460mg | 35% |
| Magnesium 140mg | 35% |
| Selenium 11mcg | 20% |
| Manganese 0.4mg | 15% |
| Molybdenum 23mcg | 50% |
| Calcium 200mg | 15% |
| Potassium 400mg | 8% |
| Vitamin C 8mg | 8% |
| Vitamin K 12mcg | 10% |
| Riboflavin 0.6mg | 45% |
| Vitamin B6 0.2mg | 10% |
| Vitamin B12 1.2mcg | 50% |
| Pantothenic Acid 1.4mg | 30% |
| Iodine 30mcg | 20% |
| Zinc 2.1mg | 20% |
| Copper 0.4mg | 45% |
| Chromium 12mcg | 35% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PROTEIN BLEND (PEA PROTEIN, RICE PROTEIN, FLAX PROTEIN), FRUCTOSE, MALTODEXTRIN, GUM ACACIA, VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, CHOLINE BITARTRATE, ASCORBIC ACID, INOSITOL, D-ALPHA TOCOPHERYL ACETATE, D-BIOTIN, NIACINAMIDE, VITAMIN A PALMITATE, COPPER GLUCONATE, ZINC OXIDE, SODIUM MOLYBDATE, L-SELENOMETHIONINE, D-CALCIUM PANTOTHENATE, PHYTONADIONE, POTASSIUM IODIDE, CHROMIUM CITRATE, RIBOFLAVIN, CHOLECALCIFEROL, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE, MANGANESE SULFATE, THIAMINE HYDROCHLORIDE, CYANOCOBALAMIN), NATURAL FLAVORS, FLAXSEED, GUM BLEND (GUM ACACIA, GUAR GUM, XANTHAN GUM), SALT, REBAUDIOSIDE A (STEVIA EXTRACT).

CONTAINS BIOENGINEERED INGREDIENTS.

THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, WHEAT, SOY AND TREE NUTS.

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 ADVOCARE® INTERNATIONAL, LLC
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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS: BLEND, SHAKE OR BRISKLY STIR CONTENTS OF ONE POUCH INTO 9 FLUID OUNCES OF COLD WATER UNTIL SMOOTH.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.