

NUTRITION FACTS

ADVOGREENS™ MEAL REPLACEMENT SHAKE
SALTED CARAMEL



Nutrition Facts	
14 servings per container	
Serving Size	1 pouch (61g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes 12g Added Sugars	24%
Protein 24g	
Vitamin D 1.5mcg	8%
Iron 8.1mg	45%
Vitamin A 225mcg	25%
Vitamin E 3.3mg	20%
Thiamine 0.23mg	20%
Niacin 3mg	20%
Folate 100mcg DFE (60mcg folic acid)	25%
Biotin 45mcg	150%
Phosphorus 500mg	40%
Magnesium 160mg	40%
Selenium 10.5mcg	20%
Manganese 0.6mg	25%
Molybdenum 23mcg	50%
Calcium 380mg	30%
Potassium 760mg	15%
Vitamin C 9mg	10%
Vitamin K 12mcg	10%
Riboflavin 0.7mg	50%
Vitamin B6 0.3mg	20%
Vitamin B12 1.2mcg	50%
Pantothenic Acid 1.5mg	30%
Iodine 30mcg	20%
Zinc 2.3mg	20%
Copper 0.4mg	45%
Chromium 18mcg	50%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PROTEIN BLEND (PEA PROTEIN, RICE PROTEIN, FLAX PROTEIN), FRUCTOSE, MALTODEXTRIN, GUM ACACIA, VITAMIN AND MINERAL MIX (DICALCIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, CHOLINE BITARTRATE, ASCORBIC ACID, INOSITOL, D-ALPHA TOCOPHERYL ACETATE, D-BIOTIN, NIACINAMINDE, VITAMIN A PALMITATE, COPPER GLUCONATE, ZINC OXIDE, L-SELENOMETHIONINE, D-CALCIUM PANTOTHENATE, PHYTONADIONE, CHROMIUM CITRATE, RIBOFLAVIN, CHOLECALCIFEROL, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE, MANGANESE SULFATE, THIAMINE HYDROCHLORIDE, CYANOCOBALAMIN, SODIUM MOLYBDATE, POTASSIUM IODIDE), NATURAL FLAVORS, FLAXSEED, GUM BLEND (GUM ACACIA, GUAR GUM, XANTHAN GUM), SALT, REBAUDIOSIDE A (STEVIA EXTRACT).

THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES MILK, SOY, SHELLFISH, FISH, TREE NUTS, WHEAT AND EGGS.

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 ADVOCARE® INTERNATIONAL L.P.
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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS: BLEND, SHAKE OR BRISKLY STIR CONTENTS OF ONE POUCH INTO 9 FLUID OUNCES OF COLD WATER UNTIL SMOOTH.

STORE PRODUCT AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

NUTRITION FACTS

ADVOGREENS™ MEAL REPLACEMENT SHAKE CHOCOLATE CHIP COOKIE DOUGH



Nutrition Facts	
14 servings per container	
Serving Size	1 pouch (61g)
Amount per serving	
Calories	230
<small>% Daily Value*</small>	
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes 11g Added Sugars	22%
Protein 24g	
Vitamin D 1.5mcg	8%
Iron 8.3mg	45%
Vitamin A 225mcg	25%
Vitamin E 3.3mg	20%
Thiamine 0.23mg	20%
Niacin 3mg	20%
Folate 100mcg DFE (60mcg folic acid)	25%
Biotin 45mcg	150%
Phosphorus 500mg	40%
Magnesium 160mg	40%
Selenium 10.5mcg	20%
Manganese 0.6mg	25%
Molybdenum 22.5mcg	50%
Calcium 380mg	30%
Potassium 760mg	15%
Vitamin C 9mg	10%
Vitamin K 12mcg	10%
Riboflavin 0.7mg	50%
Vitamin B6 0.3mg	20%
Vitamin B12 1.2mcg	50%
Pantothenic Acid 1.5mg	30%
Iodine 30mcg	20%
Zinc 2.1mg	20%
Copper 0.4mg	45%
Chromium 18mcg	50%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PROTEIN BLEND (PEA PROTEIN, RICE PROTEIN, FLAX PROTEIN), FRUCTOSE, MALTODEXTRIN, CHOCOLATE COOKIE BITS (WHEAT FLOUR, SUGAR, CANOLA OIL, COCOA (PROCESSED WITH ALKALI), SALT AND BAKING SODA), GUM ACACIA, VITAMIN AND MINERAL MIX (DICALCIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, CHOLINE BITARTRATE, ASCORBIC ACID, INOSITOL, D-ALPHA TOCOPHERYL ACETATE, D-BIOTIN, NIACINAMIDE, VITAMIN A PALMITATE, COPPER GLUCONATE, ZINC OXIDE, L-SELENOMETHIONINE, D-CALCIUM PANTOTHENATE, PHYTONADIONE, CHROMIUM CITRATE, RIBOFLAVIN, CHOLECALCIFEROL, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE, MANGANESE SULFATE, THIAMINE HYDROCHLORIDE, CYANOCOBALAMIN, SODIUM MOLYBDATE, POTASSIUM IODIDE), NATURAL FLAVORS, FLAX SEED, GUM BLEND (GUM ACACIA, GUAR GUM, XANTHAN GUM), REBAUDIOSIDE A (STEVIA EXTRACT).

CONTAINS: WHEAT.

THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO MILK, SOY, SHELLFISH, FISH, TREE NUTS AND EGG.

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