

NUTRITION FACTS

MEAL REPLACEMENT SHAKE CELEBRATION CAKE

Nutrition Facts

Serving Size 1 Pouch (2 oz/59g) [makes 9 fl oz prepared]
Servings Per Container 14

Amount Per Serving
Calories 220 Calories from Fat 20

% Daily Value

Total Fat 2.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 140mg **6%**

Potassium 780mg **22%**

Total Carbohydrate 24g **8%**

Dietary Fiber 3g **12%**

Sugars 12g

Protein 24g **48%**

Vitamin A 15% • Vitamin C 15%

Calcium 60% • Iron 20%

Vitamin D 15% • Vitamin E 15%

Vitamin K 15% • Thiamine 15%

Riboflavin 40% • Niacin 15%

Vitamin B6 15% • Folic acid 15%

Vitamin B12 20% • Biotin 15%

Pantothenic acid 15% • Phosphorus 45%

Iodine 25% • Magnesium 45%

Zinc 15% • Selenium 15%

Copper 20% • Manganese 30%

Chromium 15% • Molybdenum 30%

*Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, CALCIUM CASEINATE, L-LYSINE, L-LEUCINE, L-ISOLEUCINE, L-VALINE, L-GLUTAMINE), FRUCTOSE, MALTODEXTRIN, SPRINKLES (SUGAR, CORN CEREAL, CORN SYRUP, CORN STARCH, PALM OIL, NATURAL AND ARTIFICIAL FLAVOR, RED #40, YELLOW #5, BLUE #1), VITAMIN AND MINERAL MIX (DICALCIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS FUMARATE, CHOLINE BITARTRATE, ASCORBIC ACID, INOSITOL, D-ALPHA TOCOPHERYL ACETATE, D-BIOTIN, NIACINAMIDE, COPPER GLUCONATE, ZINC OXIDE, L-SELENOMETHIONINE, MANGANESE SULFATE, D- CALCIUM PANTOTHENATE, PHYTONADIONE, VITAMIN A PALMITATE, CHROMIUM CITRATE, RIBOFLAVIN, CHOLECALCIFEROL, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, CYANOCOBALAMIN, SODIUM MOLYBDATE, POTASSIUM IODIDE), GUM ACACIA, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GUM, XANTHAN GUM, CITRUS PECTIN, MEDIUM CHAIN TRIGLYCERIDES, OAT FIBER, SUCRALOSE, BROMELAIN, PAPAIN.
CONTAINS: MILK AND SOY. THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES SHELLFISH, FISH, TREE NUTS, WHEAT AND EGGS.

Directions: Blend, shake or briskly stir contents of one pouch into 9 fluid ounces of cold water until smooth.

Store product away from excessive heat, light and humidity.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

CONTIENE: LECHE Y SOYA. ESTE PRODUCTO SE ELABORÓ EN UNA INSTALACIÓN DONDE TAMBIÉN SE PROCESA MARISCOS, PESCADO, FRUTOS SECOS, TRIGO Y HUEVOS.

Instrucciones: Mezcle, agite o revuelva rápidamente el contenido de un sobre en 9 onzas de agua fría hasta que quede cremoso.

Guarde alejado del calor, luz y humedad excesivos.

Esta información en línea es correcta y precisa al momento de su publicación. Por favor, consulte la etiqueta del producto para la revisión actual.