

# S U P P L E M E N T F A C T S

MNS® OMNI™

## Supplement Facts

Serving Size: One 2-packet strip  
Servings per Container: 14

	Packet 1 Amt Per Svg	%DV	Packet 2 Amt Per Svg	%DV
Calories			15	
Total Fat			1.5g	2%†
Vitamin A (as beta-carotene)	300mcg	33%	900mcg	100%
Vitamin C (as ascorbic acid)			90mg	100%
Vitamin D (as cholecalciferol)			32.5mcg	163%
Vitamin E (as d-alpha tocopherol acetate)			15mg	100%
Vitamin K (as phytonadione)			10mcg	8%
Thiamine (as thiamine HCl)			1.2mg	100%
Riboflavin			1.3mg	100%
Niacin (as niacinamide)			16mg	100%
Vitamin B6 (pyridoxine HCl)			1.7mg	100%
Folate			400mcg DFE (240mcg folic acid)	100%
Vitamin B12 (as cyanocobalamin)			2.4mcg	100%
Biotin			30mcg	100%
Pantothenic Acid (as calcium pantothenate)			5mg	100%
Calcium (as citrate and carbonate)			250mg	19%
Iodine (Kelp, whole plant— <i>Laminaria digitata</i> )			150mcg	100%
Magnesium (as phosphate, amino acid chelate, oxide and ascorbate)	50mg	12%	134mg	32%
Zinc (as zinc monomethionine OptiZinc®)‡			11mg	100%
Selenium (L-Selenomethionine and amino acid chelate)			55mcg	100%
Copper (as amino acid chelate)			0.9mg	100%
Manganese (as amino acid chelate)			2.3mg	100%
Chromium (as chromium citrate)			35mcg	100%
Molybdenum (as amino acid chelate)			45mcg	100%
Potassium (as potassium phosphate)	100mg	2%		
Fish Oil Concentrate			1.4g	**
Eicosapentaenoic acid			500mg	
Docosahexaenoic acid			235mg	
Guarana Extract (seed— <i>Paullinia cupana</i> )	300mg	**		
ThermoGen-HC™ (Gotu kola leaf, chamomile flower, Chinese licorice root, sweet orange peel, cinnamon bark, ginger root, peppermint leaf)	112mg	**		
Coenzyme Q10			100mg	**
Cayenne Powder (fruit— <i>Capsicum annuum</i> )	16mg	**		
Green Tea Extract (leaf— <i>Camellia sinensis</i> )	10mg	**		
Astaxanthin			4mg	**
<i>Bacillus subtilis</i> DE111®◇	5 billion CFU	**		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**OTHER INGREDIENTS:** GELATIN, RICE DEXTRIN, MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYCELLULOSE, YELLOW BEESWAX, SAFFLOWER OIL, CROSCARMELLOSE SODIUM, MALTODEXTRIN, SOY LECITHIN, STEARIC ACID, TITANIUM DIOXIDE, GLYCERIN, SODIUM COPPER CHLOROPHYLLIN, MAGNESIUM STEARATE, MEDIUM CHAIN TRIGLYCERIDES, SILICON DIOXIDE, POLYETHYLENE GLYCOL, HYPROMELLOSE, VEGETABLE JUICE (FOR COLOR).

**CONTAINS: SOY AND FISH (OIL FROM ANCHOVY, SARDINES AND MACKEREL).**

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**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

### DIRECTIONS FOR USE:

TAKE CONTENTS OF **PACKET 1** – 30 MINUTES BEFORE BREAKFAST ON AN EMPTY STOMACH.  
TAKE CONTENTS OF **PACKET 2** – WITH BREAKFAST OR LUNCH.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CAUTION:** DO NOT TAKE MORE THAN THE CONTENTS OF ONE STRIP PER DAY. CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THESE PRODUCTS. NOT INTENDED FOR USE BY PREGNANT OR NURSING WOMEN.

THIS PRODUCT CONTAINS HERBAL SOURCES OF CAFFEINE EQUIVALENT TO A RANGE OF APPROXIMATELY 140MG TO 150MG PER STRIP PACK.

‡OPTIZINC® & LOGO ARE TRADEMARKS OF LONZA OR ITS AFFILIATES.

◇DE111® IS A TRADEMARK OF DEERLAND PROBIOTIC AND ENZYMES, INC.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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