

# SUPPLEMENT FACTS

## ADVOCARE SLIM® APPLE PEAR

### Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amt Per Serving	%DV
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	*
Taurine	500mg	*
Green coffee fruit extract – ( <i>Coffea canephora robusta P.</i> )	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, SPIRULINA EXTRACT (FOR COLOR), BETA CAROTENE (FOR COLOR).

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**DIRECTIONS FOR USE:** BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**KEEP OUT OF REACH OF CHILDREN.**

Store away from excessive heat, light and humidity.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

# SUPPLEMENT FACTS

## ADVOCARE SLIM® LEMONADE

### Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amt Per Serving	%DV
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	*
Taurine	500mg	*
Green coffee fruit extract – ( <i>Coffea canephora robusta P.</i> )	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE.

**CAUTION:** CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**DIRECTIONS FOR USE:** BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**KEEP OUT OF REACH OF CHILDREN.**

Store away from excessive heat, light and humidity.

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# SUPPLEMENT FACTS

## ADVOCARE SLIM® MIXED BERRY

### Supplement Facts

Serving Size: 1 stick pack (0.2oz/6g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amount Per Serving	% DV
Thiamine (as thiamine hydrochloride)	1.5mg	100%
Biotin	600mcg	200%
Chromium (as chromium citrate)	200mcg	167%
<i>Garcinia cambogia</i> fruit extract	2,400mg	*
Taurine	500mg	*
Green coffee extract fruit ( <i>Coffea canephora robusta P.</i> )	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

† Percent Daily Values (DV) are based on a 2,000-calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, BEET ROOT POWDER (FOR COLOR), SILICON DIOXIDE, SUCRALOSE.

**Directions For Use:** For ages 18 and older. Blend, shake or stir contents of one stick pack into 8 fluid ounces of water or the beverage of your choice. May adjust amount of water to suit taste. For maximum effect, consume the contents of two stick packs daily. Consume one serving 30-45 minutes before breakfast. Consume the second serving approximately 2 hours after lunch, preferably mid-afternoon.

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**KEEP OUT OF REACH OF CHILDREN.**

Store product away from excessive heat, light and humidity.

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**Instrucciones de uso:** Para personas mayores de 18 años de edad. Mezcle, agite o revuelva el contenido de un sobrecito en 8 onzas de agua o en la bebida de su preferencia. Puede aumentar la cantidad de agua para adaptar el sabor a su gusto. Para lograr un efecto máximo, consuma el contenido de dos sobrecitos al día. Consuma una porción 30-45 minutos antes del desayuno. Consuma la segunda porción aproximadamente 2 horas después del almuerzo, preferiblemente temprano a media tarde.

**PRECAUCIÓN:** CONSULTE CON SU MÉDICO ANTES DE USAR ESTE PRODUCTO. ESTE PRODUCTO NO ES APTO PARA NIÑOS, MUJERES EMBARAZADAS O QUE ESTÉN EN PERÍODO DE LACTANCIA O PERSONAS SENSIBLES A LA CAFÉINA.

**MANTENGA FUERA DEL ALCANCE DE LOS NIÑOS.**

Guarde alejado del calor, luz y humedad excesivos.

Esta información en línea es correcta y precisa al momento de su publicación. Por favor, consulte la etiqueta del producto para la revisión actual.

# SUPPLEMENT FACTS

ADVOCARE

## SLIM® PEACH MANGO

### Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings per Container: 14

	Amt Per Serving	%DV
Thiamine (as thiamine hydrochloride)	1.5mg	100%
Biotin	600mcg	200%
Chromium (as chromium citrate)	200mcg	167%
<i>Garcinia cambogia</i> fruit extract	2400mg	*
Taurine	500mg	*
Green coffee fruit extract - ( <i>Coffea canephora robusta</i> P.)	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, SILICON DIOXIDE, SUCRALOSE, BETA CAROTENE (FOR COLOR).

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**DIRECTIONS FOR USE:** FOR AGES 18 AND OLDER. BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**KEEP OUT OF REACH OF CHILDREN.**

Store away from excessive heat, light and humidity.

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