



VO₂ Prime™ Performance Nutrition Bar
Raspberry Blueberry and other natural flavors

NUTRITION FACTS	
Serving Size: 1 bar (1.4 oz/40g)	
Servings Per Container: 12	
Amt Per Serving	
Calories 140	Calories from Fat 20
	%DV*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 25g	8%
Potassium 60mg	2%
Dietary Fiber 4g	16%
Sugars 10g	
Protein 7g	
Vitamin A 25%	Vitamin C 160%
Calcium 20%	Iron 25%
Vitamin D 25%	Vitamin E 25%
Vitamin K 25%	Thiamine 25%

NUTRITION FACTS CONTINUED			
Riboflavin	25%	•	Niacin 20%
Vitamin B6	25%	•	Folate 20%
Vitamin B12	25%	•	Biotin 25%
Pantothenic Acid	25%	•	Phosphorus 20%
Iodine	25%	•	Magnesium 20%
Zinc	25%	•	Selenium 25%
Copper	25%	•	Manganese 25%

*Percent Daily Values (DV) are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Total Carbohydrate	Less than 300g	375g
Dietary Fiber	25g	30g

INGREDIENTS: SOY CRISPS (SOY PROTEIN ISOLATE, TAPIOCA STARCH), CORN SYRUP, CHICORY FIBER, CRISP RICE (RICE FLOUR, SUGAR, SALT, CALCIUM CARBONATE), COATING (SUGAR, FRACTIONATED PALM KERNEL OIL, WHEY POWDER, NONFAT DRY MILK, YOGURT POWDER (CULTURED WHEY, NONFAT MILK), SOY LECITHIN, VANILLA), BEET ROOT JUICE POWDER, DRIED CRANBERRIES (CRANBERRIES, SUGAR), BLUEBERRY PIECES (BLUEBERRIES, SUGAR), GLYCERIN, FRUCTOSE, CURRANTS, VITAMIN MINERAL BLEND (DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, ASCORBIC ACID, FERRIC PYROPHOSPHATE, DL-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, ZINC OXIDE, CALCIUM D-PANTOTHENATE, COPPER CITRATE, MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, BETA CAROTENE, VITAMIN A PALMITATE, FOLIC ACID, D-BIOTIN, POTASSIUM IODIDE, SODIUM SELENITE, PHYTONADIONE, CHOLECALCIFEROL, CYANOCOBALAMIN), CANOLA OIL, NATURAL FLAVORS, CITRIC ACID, SUCRALOSE. CONTAINS: MILK AND SOY. THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, PEANUT AND EGG CONTAINING INGREDIENTS.

CAUTION: THIS PRODUCT IS NOT INTENDED FOR PREGNANT OR NURSING WOMEN OR FOR THOSE UNDER 18 YEARS OF AGE.

Directions for Use: Consume bar 60 minutes before physical activity or as a between meal snack.

For maximum freshness, store product in a cool, dry place.

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