



## AdvoCare® Muscle Fuel Fruit Punch

# SUPPLEMENT FACTS

Serving Size: 1 pouch (0.6 oz/17g) [makes 8 fl oz prepared]

Servings Per Container: 10

	Amt Per Serving	%DV
Calories	20	
Total Carbohydrate	5g	2%†
Sugars	2g	
Vitamin A (as beta-carotene)	1,250 IU	25%
Vitamin C (as ascorbic acid)	180mg	300%
Folic acid	100mcg	25%
Vitamin B-12 (as cyanocobalamin)	30mcg	500%
Pantothenic acid (as d-calcium pantothenate)	20mg	200%
Calcium (as calcium citrate and calcium carbonate)	200mg	20%
Magnesium (as magnesium citrate)	40mg	10%
Zinc (as zinc gluconate)	3mg	20%
Chromium (as chromium citrate)	60mcg	50%
Creatine monohydrate	3g	*
L-Arginine	2g	*
D-Ribose	1.5mg	*
Green tea extract (leaf- <i>Camellia sinensis</i> )	500mg	*
Calcium pyruvate	500mg	*
L-Glycine	500mg	*
Glycine propionyl-L-carnitine HCL (GlycoCarn®)	500mg	*
Aspartate (as L-aspartic acid)	250mg	*
L-Leucine	200mg	*
L-Citrulline	200mg	*
Betaine (as betaine HCL)	100mg	*
Caffeine	100mg	*
Vanadium (as vanadium amino acid chelate)	1mg	*
Boron (as boron amino acid complex)	100mcg	*

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, BEET ROOT EXTRACT (FOR COLOR), SILICON

DIOXIDE, TARTARIC ACID, MALTODEXTRIN, SUCRALOSE,  
ACESULFAME POTASSIUM

GlycoCarn® is a registered trademark of Sigma-tau HealthScience  
and is manufactured under USA Patent # 6703042 and other foreign  
patents. AdvoCare USA Patent #7645742B2

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