# SUPPLEMENT FACTS

BIOFUEL®

### CHERRY LIMEADE



# **Supplement Facts**

Serving Size: 1 pouch (0.5 oz/17g) [makes 8 fl oz prepared]
Servings per Container: 14

Amt Pe	r Serving	%DV
Calories	35	
Total Carbohydrate	8g	3%†
Vitamin A (as beta-carotene)	225mcg	25%
Vitamin C (as ascorbic acid)	180mg	200%
(100mcg	omcg DFE folic acid)	43%
Vitamin B12 (as cyanocobalamin)	12mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	20mg	400%
Calcium (as calcium citrate and calcium carbonate)	200mg	15%
Magnesium (as magnesium citrate)	40mg	10%
Zinc (as zinc gluconate)	2.2mg	20%
Chromium (as chromium citrate)	17.5mcg	50%
Sodium	10mg	<1%
Creatine Monohydrate	2g	**
CarnoSyn® Beta-alanine ‡	1.6g	**
L-Carnitine (as tartrate)	500mg	**
Calcium Pyruvate	500mg	**
Glycine	300mg	**
Aspartate (as L-aspartic acid)	250mg	**
L-Citrulline	200mg	**
Green Tea Extract (Leaf– <i>Camellia sinensis</i> )	100mg	**
Caffeine	100mg	**
†Percent Daily Values (DV) are 2,000 calorie diet. **Daily Value not established.	e based on	a

**OTHER INGREDIENTS:** MALTODEXTRIN, CITRIC ACID, NATURAL & ARTIFICIAL FLAVORS, SILICA, TARTARIC ACID, VEGETABLE JUICE (FOR COLOR), GUM ACACIA, SUCRALOSE, ACESULFAME POTASSIUM.

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#### **DIRECTIONS FOR USE:**

SHAKE OR STIR CONTENTS OF ONE POUCH INTO 8-16 OUNCES OF WATER, ADJUSTING WATER TO TASTE. CONSUME 15-30 MINUTES PRIOR TO EXERCISE OR STRENUOUS ACTIVITY.

### STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT INTENDED FOR USE BY CHILDREN OR PREGNANT OR NURSING WOMEN OR BY PERSONS WHO ARE SENSITIVE TO CAFFEINE.

#### KEEP OUT OF REACH OF CHILDREN.

THIS PRODUCT CONTAINS BETA-ALANINE AND MAY CAUSE A TEMPORARY TINGLING SENSATION ON YOUR SKIN. THIS IS NORMAL. THE INTENSITY OF THE SENSATION SHOULD DECREASE OR DISAPPEAR OVER TIME.

‡NATURAL ALTERNATIVES INTERNATIONAL (NAI) IS THE OWNER OF PATENTS AS LISTED ON WWW.CARNOSYN.COM AND REGISTERED TRADEMARK CARNOSYN®. CarnoSyn®

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