

S U P P L E M E N T F A C T S

NIGHTTIME RECOVERY



Supplement Facts

Serving Size: 2 caplets
Servings Per Container: 30

	Amt Per Serving	%DV
Niacin (as nicotinic acid)	14mg	88%
Magnesium (as magnesium aspartate)	100mg	24%
Zinc (as monomethionine - OptiZinc®)	4mg	36%
Copper (as amino acid chelate)	0.34mg	38%
L-Arginine (as HCl)	800mg	**
L-Ornithine (as HCl)	400mg	**
Oat extract (straw- <i>Avena sativa</i>)	134mg	**
Maca Root (<i>Lepidium meyenii</i>)	100mg	**
Saw palmetto extract (berry- <i>Serenoa repens</i>)	66mg	**
Nettles extract (leaf- <i>Urtica dioica</i>)	34mg	**
Ashwagandha Extract KSM-66® (root- <i>Withania somnifera</i>)	34mg	**
Wild yam extract (root- <i>Dioscorea oppositifolia</i>)	34mg	**
Eleuthero extract (root- <i>Eleutherococcus senticosus</i>)	16mg	**
Vanadium (as vanadyl sulfate)	134mcg	**

**Daily Value (DV) not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYLCELLULOSE, STEARIC ACID, CROSCARMELLOSE SODIUM, DICALCIUM PHOSPHATE, AQUEOUS COATING (HYDROXYPROPYL METHYLCELLULOSE, MICROCRYSTALLINE CELLULOSE, STEARIC ACID), MAGNESIUM STEARATE, SILICA.
CONTAINS: MILK.

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ADVOCARE® INTERNATIONAL, LLC
RICHARDSON, TX 75082 • 800-542-4800

FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

TAKE 2 CAPLETS AT BEDTIME.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

OPTIZINC® & LOGO ARE TRADEMARKS OF LONZA OR ITS AFFILIATES.

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This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.