

S U P P L E M E N T F A C T S

ADVOCARE FLEX™



Supplement Facts

Serving Size: 2 capsules
Servings per Container: 30

Amount Per Serving	
L-Proline	400mg**
L-Glycine	100mg**
L-Serine	100mg**
L-Threonine	100mg**
L-Methionine	100mg**
L-Histidine	100mg**
UC-II® Standardized Cartilage <u>UCII</u>	40mg**
(providing 10 mg of total collagen, including undenatured Type II Collagen†)	

**Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, GELATIN, L-LEUCINE.

FORMULATED/MANUFACTURED EXCLUSIVELY FOR
ADVOCARE® INTERNATIONAL, LLC
RICHARDSON, TX 75082 • 800-542-4800
FOR MORE INFORMATION VISIT ADVOCARE.COM

†UC-II® IS A REGISTERED TRADEMARK OF INTERHEALTH N.I.
†UC-II® BRAND COLLAGEN WITH UNDENATURED TYPE II
COLLAGEN (U.S. PATENTS 7,083,820, 7,846,487 AND EPO PATENT
EP1435906B1; CANADIAN PATENT CA 2459981C; AND JAPANESE
PATENT JP 4800574B2)

DIRECTIONS FOR USE:

TAKE 2 CAPSULES, ONCE PER DAY ON AN EMPTY STOMACH.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

NOTE: CHECK WITH YOUR HEALTHCARE PROFESSIONAL
BEFORE USING THIS PRODUCT.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.