

S U P P L E M E N T F A C T S

CREATINE+
UNFLAVORED



Supplement Facts

Serving Size: 1 scoop (10g) [makes 8 fl oz prepared]

Servings Per Container: About 30

	Amt Per Serving	%DV
Calories	10	
Total Carbohydrates	2g	1%†
Sodium	115mg	5%
Creatine monohydrate	5g	**
L-Leucine	2g	**
Glycine	1g	**
L-Alanyl-L-Glutamine	500mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established

OTHER INGREDIENTS: MALTODEXTRIN, HIMALAYAN PINK SALT, NATURAL FLAVOR, SILICA.

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ADVOCARE® INTERNATIONAL, LLC
RICHARDSON, TX 75082 • 800-542-4800

FOR MORE INFORMATION VISIT [ADVOCARE.COM](https://www.advocare.com)

DIRECTIONS FOR USE:

SHAKE OR STIR THE CONTENTS OF 1 SCOOP INTO 8 OUNCES OF WATER OR BEVERAGE OF CHOICE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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