# ARGININE EXTREME® **CITRUS**



# Supplement Facts

Serving Size: 1 level scoop (0.5 oz/13g) [makes 8 fl oz prepared]

Servings Per Container: About 30

	Amount Per Serving	%DV
Calories	25	
Total Carbohydrate	6g	2%†
Riboflavin	0.5mg	38%
Niacin (as niacinamide)	5mg	31%
Vitamin B6 (as pyridoxine HCl)	0.5mg	29%
Folate	167mcg DFE (100mcg Folic acid)	42%
Vitamin B12 (as cyanocobalamin)	1.5mcg	63%
Biotin	250mcg	833%
L-Arginine	2.5g	**
L-Leucine	800mg	**
L-Glutamine	200mg	**
Glycine	200mg	**
Betaine (as HCI)	100mg	**
L-Lysine (as HCI)	100mg	**
	100mg	**

OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, MALIC ACID, SOY LECITHIN, SUCRALOSE, NATURAL FLAVOR, BETA CAROTENE (FOR COLOR), CALCIUM SILICATE.

CONTAINS: SOY.

### MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS AND WHEAT.

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#### **DIRECTIONS FOR USE:**

SHAKE OR STIR THE CONTENTS OF ONE SCOOP INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE.

FOR SUPPORT FOR ATHLETIC PERFORMANCE, CONSUME ON AN EMPTY STOMACH 30 MINUTES BEFORE EXERCISE.\*

#### STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

**CAUTION: CHECK WITH YOUR HEALTHCARE PROFESSIONAL** BEFORE USING THIS PRODUCT. THIS PRODUCT IS NOT INTENDED FOR CHILDREN OR PREGNANT OR NURSING WOMEN.

## KEEP OUT OF REACH OF CHILDREN.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.