

SUPPLEMENT FACTS

FIT PRE WORKOUT STICK PACK

STRAWBERRY LEMONADE

Supplement Facts

Serving Size: 1 stick pack (0.25 oz/7g) [makes 8 fl oz prepared]

Servings per Container: 14

	Amount Per Serving	% DV
Calories	20	
Calories from Fat	0	
Total Carbohydrate	5g	2%*
Sugars	3g	†
Vitamin C (as ascorbic acid)	100mg	165%
Vitamin B6 (as pyridoxine)	2mg	100%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	30mcg	500%
Chromium (as chromium citrate)	500mcg	415%
Amino Acid Blend	700mg	†
L-Tyrosine, L-Aspartic Acid, L-Citrulline, Glycine Propionyl L-Carnitine HCl		
Green Tea Extract (leaf – <i>Camellia sinensis</i>)	100mg	†
Caffeine (from Green Tea)	110mg	†
Coenzyme Q10	30mg	†
Cayenne (fruit – <i>Capsicum annuum</i> L) Capsicum Extract‡	25mg	†

* Percent Daily Values (DV) are based on a 2,000-calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: SUGAR, NATURAL FLAVORS, CITRIC ACID, GUM ARABIC, SILICON DIOXIDE, BEET ROOT POWDER (FOR COLOR), REBAUDIOSIDE A (STEVIA EXTRACT).

‡CONTAINS: CAPSICUM EXTRACT - (FROM CAPSIMAX®) IS A REGISTERED TRADEMARK OF OMNIACTIVE HEALTH TECHNOLOGIES LTD.

Capsimax®
CAPSICUM EXTRACT

CAUTION: THIS PRODUCT IS NOT INTENDED FOR USE BY CHILDREN OR PREGNANT OR NURSING WOMEN OR BY PERSONS WHO ARE SENSITIVE TO CAFFEINE.

Directions For Use: Blend, shake, or briskly stir contents of one stick pack into 8 fluid ounces of water. Consume 30-45 minutes prior to exercise.

KEEP OUT OF REACH OF CHILDREN.

Store product away from excessive heat, light and humidity.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

PRECAUCIÓN: ESTE PRODUCTO NO HA SIDO ELABORADO PARA NIÑOS, MUJERES EMBARAZADAS O QUE ESTÉN EN PERÍODO DE LACTANCIA O PERSONAS SENSIBLES A LA CAFEÍNA.

Instrucciones de uso: Mezcle, agite, o revuelva el contenido de un sobrecito en 8 onzas de agua. Consuma 30-45 minutos antes de hacer ejercicio.

MANTENGA FUERA DEL ALCANCE DE LOS NIÑOS.

Guarde alejado del calor, luz y humedad excesiva.

Esta información en línea es correcta y precisa al momento de su publicación. Por favor, consulte la etiqueta del producto para la revisión actual.

