

# NUTRITION FACTS

ADVOCARE REHYDRATE® CANISTER  
**RED RASPBERRY**



## Nutrition Facts

About 30 servings per container

**Serving Size** 1 scoop (12g)

Amount per serving

**Calories** 40

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 100mg 4%

**Total Carbohydrate** 9g 3%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 6g Added Sugars 12%

**Protein** 0g

Vitamin D 0mcg 0% • Calcium 100mg 8%

Iron 0mg 0% • Potassium 100mg 2%

Vitamin A 300mcg 35% • Vitamin C 120mg 130%

Thiamine 0.15mg 15% • Riboflavin 0.17mg 15%

Niacin 2mg 15% • Vitamin B6 2mg 120%

Pantothenic Acid 0.6mg 10% • Magnesium 40mg 10%

Chromium 4.8mcg 15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** FRUCTOSE, MALTODEXTRIN, DEXTROSE, CALCIUM LACTATE, NATURAL FLAVORS, MAGNESIUM CITRATE, MALIC ACID, SODIUM CITRATE, L-ALANYL-L-GLUTAMINE, POTASSIUM CITRATE, ASCORBIC ACID, SALT, POTASSIUM CHLORIDE, L-ARGININE HCL, BETA CAROTENE, BEET ROOT POWDER (FOR COLOR), SILICA, SUCRALOSE, NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, D-CALCIUM PANTOTHENATE, CHROMIUM CITRATE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE.

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**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

### **DIRECTIONS FOR USE:**

FOR AGES 4+, SHAKE OR STIR CONTENTS OF ONE SCOOP (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**KEEP OUT OF REACH OF CHILDREN.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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