# ADVOCARE REHYDRATE® CANISTER **BLUEBERRY LEMON DROP**



# **Nutrition Facts** About 30 servings per container

**Serving Size** 

1 scoop (12g)

Amount per serving				0
<b>Calories</b>			4	U
Total Fat Og				0%
Saturated Fat Og				0%
<i>Trans</i> Fat Og				
Cholesterol Omg				0%
Sodium 100mg				4%
<b>Total Carbohydra</b>	ate 9	g		3%
Dietary Fiber Og				0%
Total Sugars 6g				
Includes 6g Add	ed Sı	Iga	ars	12%
Protein Og				
Vitamin D Omcg	0%	•	Calcium 100mg	8%
Iron Omg	0%	•	Potassium 100mg	2%
Vitamin A 300mcg	35%	•	Vitamin C 120mg	130%
Thiamin 0.15mg	15%	•	Riboflavin 0.17mg	15%
Niacin 2mg	15%	•	Vitamin B6 2mg	120%
Pantothenic Acid 0.6mg	10%	•	Magnesium 40mg	10%
Chromium 4.8mcg	15%			
*The % Daily Value tells you how much a nutrient in a serving				

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** FRUCTOSE, DEXTROSE, MALTODEXTRIN, NATURAL FLAVORS, CALCIUM LACTATE, CITRIC ACID, MAGNESIUM CITRATE, SODIUM CITRATE, L-ALANYL L-GLUTAMINE, POTASSIUM CITRATE, SALT, ASCORBIC ACID, POTASSIUM CHLORIDE, L-ARGININE HCL, STEVIA LEAF EXTRACT (REB M), SPIRULINA EXTRACT (FOR COLOR), SILICA, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, NIACINAMIDE, D-CALCIUM PANTOTHENATE, CHROMIUM CITRATE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE.

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## **DIRECTIONS FOR USE:**

FOR AGES 4+, SHAKE OR STIR CONTENTS OF ONE SCOOP (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

## STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.