

NUTRITION FACTS

ADVOCARE REHYDRATE® CANISTER
BLACKBERRY ICED TEA



Nutrition Facts

About 30 servings per container

Serving Size 1 scoop (12g)

Amount per serving

Calories 40

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 100mg 4%

Total Carbohydrate 9g 3%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 5g Added Sugars 10%

Protein 0g

Vitamin D 0mcg 0% • Calcium 100mg 8%

Iron 0mg 0% • Potassium 100mg 2%

Vitamin A 300mcg 35% • Vitamin C 120mg 130%

Thiamin 0.15mg 15% • Riboflavin 0.17mg 15%

Niacin 2mg 15% • Vitamin B6 2mg 120%

Pantothenic Acid 0.6mg 10% • Magnesium 40mg 10%

Chromium 4.8mcg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FRUCTOSE, MALTODEXTRIN, DEXTROSE, CALCIUM LACTATE, BLACK TEA LEAF EXTRACT (CONTAINING APPROX. 35MG OF CAFFEINE), NATURAL FLAVORS (BLACK TEA, WATERMELON, BLACKBERRY, AND OTHER NATURAL FLAVORS), CITRIC ACID, MAGNESIUM CITRATE, SODIUM CITRATE, L-ALANYL L-GLUTAMINE, POTASSIUM CITRATE, SEA SALT, ASCORBIC ACID, STEVIOL GLYCOSIDES (REBAUDIOSIDE A AND REBAUDIOSIDE M), L-ARGININE, POTASSIUM CHLORIDE, SILICA, RETINYL PALMITATE, PYRIDOXINE HCL, NIACINAMIDE, D-CALCIUM PANTOTHENATE, THIAMINE HCL, CHROMIUM CITRATE, RIBOFLAVIN.

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FOR MORE INFORMATION VISIT [ADVOCARE.COM](https://www.advocare.com)

DIRECTIONS FOR USE:

FOR AGES 12+, SHAKE OR STIR CONTENTS OF ONE SCOOP (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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