

NUTRITION FACTS

ADVOCARE REHYDRATE® CANISTER
MEYER LEMON



Nutrition Facts

About 30 servings per container

Serving Size **1 scoop (12g)**

Amount per serving
Calories **40**

Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 5g Added Sugars	10%

Protein 0g

Vitamin D 0mcg	0%	• Calcium 100mg	8%
Iron 0mg	0%	• Potassium 100mg	2%
Vitamin A 300mcg	35%	• Vitamin C 120mg	130%
Thiamin 0.15mg	15%	• Riboflavin 0.17mg	15%
Niacin 2mg	15%	• Vitamin B6 2mg	120%
Pantothenic Acid 0.6mg	10%	• Magnesium 40mg	10%
Chromium 4.8mcg	15%		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FRUCTOSE, MALTODEXTRIN, DEXTROSE, CALCIUM L-LACTATE 5-HYDRATE, NATURAL FLAVORS, CITRIC ACID, MAGNESIUM CITRATE, TRI-SODIUM CITRATE DIHYDRATE, L-ALANYL-L-GLUTAMINE, TRI-POTASSIUM CITRATE MONOHYDRATE, SEA SALT, ASCORBIC ACID, L-ARGININE HCL, POTASSIUM CHLORIDE, SUCRALOSE, SILICA, VITAMIN A PALMITATE, PYRIDOXINE HCL, NIACINAMIDE, D-CALCIUM PANTOTHENATE, CHROMIUM CITRATE, RIBOFLAVIN, THIAMINE HCL.

MANUFACTURED EXCLUSIVELY FOR
 ADVOCARE® INTERNATIONAL, LLC
 RICHARDSON, TX 75082 • 800-542-4800

FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

FOR AGES 4+, SHAKE OR STIR CONTENTS OF ONE SCOOP (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.