

S U P P L E M E N T F A C T S

ADVOCARE REHYDRATE®
HYDRATION+ENERGY STICK PACK

LEMON LIME

Supplement Facts

Serving Size: 1 Scoop (7g)
Servings Per Container: 25

| | Amt Per Serving | %DV |
|--|-----------------|-------|
| Calories | 15 | |
| Total Carbohydrate | 3g | 1%† |
| Total Sugars | 2g | ** |
| Includes 2g Added Sugars | | 3%† |
| Vitamin B6 (as pyridoxine HCl) | 8.5mg | 500% |
| Vitamin B12 (as methylcobalamin) | 48mcg | 2000% |
| Pantothenic Acid (as d-calcium pantothenate) | 25mg | 500% |
| Choline (as choline dihydrogen citrate) | 225mg | 40% |
| Magnesium (as magnesium citrate) | 60mg | 14% |
| Chloride (as sodium chloride, Himalayan pink salt, and potassium chloride) | 575mg | 25% |
| Sodium (as sodium chloride and Himalayan pink salt) | 300mg | 13% |
| Potassium (as potassium chloride) | 130mg | 2% |
| L-Tyrosine | 500mg | ** |
| Taurine | 500mg | ** |
| L-Theanine | 200mg | ** |
| Green Tea (leaf) Extract (contains 100mg of caffeine) | 110mg | ** |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: ORGANIC CANE SUGAR, ISOMALTULOSE, CITRIC ACID, NATURAL FLAVORS, TURMERIC (FOR COLOR), STEVIA LEAF EXTRACT, SUCRALOSE.

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ADVOCARE® INTERNATIONAL, LLC
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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

MIX ONE SCOOP INTO 10-14 OUNCES OF WATER, ADJUSTING WATER TO TASTE. SHAKE UP + SIP IN THE BENEFITS!

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. THIS PRODUCT CONTAINS CAFFEINE.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.