

S U P P L E M E N T F A C T S

SPARK® STICK PACK
MEYER LEMON



Supplement Facts

Serving Size: 1 stick pack (0.25 oz/7g) [makes 8 fl oz prepared]
Servings Per Container: 14

| | Amt Per Serving | %DV |
|--|-----------------|--------|
| Calories | 10 | |
| Total Carbohydrate | 3g | 1%† |
| Total Sugars | 0g | † |
| Vitamin A (as retinyl palmitate) | 300mcg | 33% |
| Vitamin C (as ascorbic acid) | 180mg | 200% |
| Vitamin E (as d-alpha tocopheryl acetate) | 20mg | 133% |
| Thiamin (as thiamine HCl) | 3mg | 250% |
| Riboflavin | 3.4mg | 262% |
| Niacin (as niacinamide) | 60mg | 375% |
| Vitamin B6 (as pyridoxine HCl) | 15mg | 882% |
| Vitamin B12 (as cyanocobalamin) | 45mcg | 1,875% |
| Pantothenic acid (as d-calcium pantothenate) | 50mg | 1,000% |
| Choline (as bitartrate and citrate) | 500mg | 91% |
| Zinc (as zinc monomethionine) | 3mg | 27% |
| Copper (as copper glycinate) | 200mcg | 22% |
| Chromium (as chromium citrate) | 24mcg | 69% |
| L-Tyrosine | 500mg | ** |
| Taurine | 200mg | ** |
| Caffeine | 120mg | ** |
| Glycine | 100mg | ** |
| L-Carnitine (as tartrate) | 10mg | ** |
| Inositol | 10mg | ** |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, NATURAL FLAVORS, CITRIC ACID, SUCRALOSE.

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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:

SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8-16 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. THIS PRODUCT CONTAINS CAFFEINE.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.