

NUTRITION FACTS

ADVOCARE REHYDRATE® STICK PACK
RED RASPBERRY



Nutrition Facts

14 servings per container
Serving Size 1 stick pack (12g)

Amount per serving
Calories **40**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 6g Added Sugars	12%

Protein 0g			
Vitamin D 0mcg	0%	• Calcium 100mg	8%
Iron 0mg	0%	• Potassium 100mg	2%
Vitamin A 300mcg	35%	• Vitamin C 120mg	130%
Thiamine 0.15mg	15%	• Riboflavin 0.17mg	15%
Niacin 2mg	15%	• Vitamin B6 2mg	120%
Pantothenic Acid 0.6mg	10%	• Magnesium 40mg	10%
Chromium 4.8mcg	15%		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FRUCTOSE, MALTODEXTRIN, DEXTROSE, CALCIUM LACTATE, NATURAL FLAVORS, MAGNESIUM CITRATE, MALIC ACID, SODIUM CITRATE, L-ALANYL-L-GLUTAMINE, POTASSIUM CITRATE, ASCORBIC ACID, SALT, POTASSIUM CHLORIDE, L-ARGININE HCL, BETA CAROTENE, BEET ROOT POWDER (FOR COLOR), SILICA, SUCRALOSE, NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, D-CALCIUM PANTOTHENATE, CHROMIUM CITRATE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE.

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 ADVOCARE® INTERNATIONAL, LLC
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FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:
 FOR AGES 4+, SHAKE OR STIR CONTENTS OF ONE STICK PACK (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.