

NUTRITION FACTS

ADVOCARE REHYDRATE® STICK PACK
MELON



Nutrition Facts

14 servings per container

Serving Size

1 stick pack (12g)

Amount per serving

Calories

40

% Daily Value*

Total Fat 0g

0%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 100mg

4%

Total Carbohydrate 9g

3%

Dietary Fiber 0g

0%

Total Sugars 6g

Includes 6g Added Sugars

12%

Protein 0g

Vitamin D 0mcg

0%

• Calcium 100mg

8%

Iron 0mg

0%

• Potassium 100mg

2%

Vitamin A 300mcg

35%

• Vitamin C 120mg

130%

Thiamine 0.15mg

15%

• Riboflavin 0.17mg

15%

Niacin 2mg

15%

• Vitamin B6 2mg

120%

Pantothenic Acid 0.6mg

10%

• Magnesium 40mg

10%

Chromium 4.8mcg

15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FRUCTOSE, MALTODEXTRIN, DEXTROSE, NATURAL & ARTIFICIAL FLAVORS, CALCIUM LACTATE, MAGNESIUM CITRATE, CITRIC ACID, SODIUM CITRATE, L-ALANYL-L-GLUTAMINE, POTASSIUM CITRATE, ASCORBIC ACID, SALT, POTASSIUM CHLORIDE, L-ARGININE HCL, SUCRALOSE, SILICA, BETA CAROTENE (FOR COLOR), BEET ROOT POWDER (FOR COLOR), NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, VITAMIN A PALMITATE, D-CALCIUM PANTOTHENATE, CHROMIUM CITRATE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE.

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RICHARDSON, TX 75082 • 800-542-4800
FOR MORE INFORMATION VISIT ADVOCARE.COM

DIRECTIONS FOR USE:
FOR AGES 4+, SHAKE OR STIR CONTENTS OF ONE STICK PACK (12G) INTO 8-12 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

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