

# S U P P L E M E N T F A C T S

ADVOCARE REHYDRATE®  
HYDRATION+ENERGY STICK PACK

**PEACH MANGO**

## Supplement Facts

Serving Size: 1 stick pack (7g)

Servings Per Container: 14

|                                                                            | Amt Per Serving | %DV   |
|----------------------------------------------------------------------------|-----------------|-------|
| Calories                                                                   | 15              |       |
| Total Carbohydrate                                                         | 3g              | 1%†   |
| Total Sugars                                                               | 2g              | **    |
| Includes 2g Added Sugars                                                   |                 | 3%†   |
| Vitamin B6 (as pyridoxine HCl)                                             | 8.5mg           | 500%  |
| Vitamin B12 (as methylcobalamin)                                           | 48mcg           | 2000% |
| Pantothenic Acid (as d-calcium pantothenate)                               | 25mg            | 500%  |
| Choline (as choline dihydrogen citrate)                                    | 225mg           | 40%   |
| Magnesium (as magnesium citrate)                                           | 60mg            | 14%   |
| Chloride (as sodium chloride, Himalayan pink salt, and potassium chloride) | 575mg           | 25%   |
| Sodium (as sodium chloride and Himalayan pink salt)                        | 300mg           | 13%   |
| Potassium (as potassium chloride)                                          | 130mg           | 2%    |
| L-Tyrosine                                                                 | 500mg           | **    |
| Taurine                                                                    | 500mg           | **    |
| L-Theanine                                                                 | 200mg           | **    |
| Green Tea (leaf) Extract<br>(contains 100mg of caffeine)                   | 110mg           | **    |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** ORGANIC CANE SUGAR, CITRIC ACID, ISOMALTULOSE, NATURAL FLAVORS, VEGETABLE JUICE (FOR COLOR), STEVIA LEAF EXTRACT, TURMERIC (FOR COLOR), SUCRALOSE.

MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL, LLC  
RICHARDSON, TX 75082 • 800-542-4800

**FOR MORE INFORMATION VISIT [ADVOCARE.COM](https://www.advocare.com)**

### DIRECTIONS FOR USE:

MIX ONE STICK PACK INTO 10-14 OUNCES OF WATER, ADJUSTING WATER TO TASTE. SHAKE UP + SIP IN THE BENEFITS!

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**KEEP OUT OF REACH OF CHILDREN.** CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. THIS PRODUCT CONTAINS CAFFEINE.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

ADVOCARE® INTERNATIONAL, LLC