SUPPLEMENT FACTS

SPARK® VARIETY PACK
FRUIT PUNCH, STRAWBERRY, WATERMELON, CHERRY

Supplement Facts

Serving Size: 1 stick pack (0.25 oz/7g) [makes 8 fl oz prepared]
Servings Per Container: 14

	Amt Per Serving	%DV
Calories	15	
Total Carbohydrate	4g	1%†
Total Sugars	0g	†
Vitamin A (as beta carotene)	300mcg	33%
Vitamin C (as ascorbic acid)	180mg	200%
Vitamin E (as d-alpha tocopheryl acetate)	20mg	133%
Thiamin (as thiamine HCl)	3mg	250%
Riboflavin	3.4mg	262%
Niacin (as niacinamide)	60mg	375%
Vitamin B6 (as pyridoxine HCl)	15mg	882%
Vitamin B12 (as cyanocobalamin)	45mcg	1,875%
Pantothenic acid (as d-calcium pantothenate)	50mg	1,000%
Choline (as bitartrate and citrate)	500mg	91%
Zinc (as zinc monomethionine)	3mg	27%
Copper (as copper glycinate)	200mcg	22%
Chromium (as chromium citrate)	24mcg	69%
L-Tyrosine	500mg	**
Taurine	200mg	**
Caffeine	120mg	**
Glycine	100mg	**
L-Carnitine (as tartrate)	10mg	**
Inositol	10mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

FRUIT PUNCH OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, BEET ROOT POWDER (FOR COLOR), NATURAL & ARTIFICIAL FLAVORS, SUCRALOSE, SILICA.

STRAWBERRY OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, SUCRALOSE, SILICA, BEET ROOT POWDER (FOR COLOR).

WATERMELON OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, BEET ROOT POWDER (FOR COLOR), NATURAL & ARTIFICIAL FLAVOR, SILICA, SUCRALOSE.

CHERRY OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BEET ROOT POWDER (FOR COLOR), SUCRALOSE, SILICA.

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DIRECTIONS FOR USE:
SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8–16 OUNCES OF WATER, ADJUSTING WATER TO TASTE.

STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. THIS PRODUCT CONTAINS CAFFEINE.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.