

NUTRITION FACTS

ADVOBAR®

GINGERBREAD

Nutrition Facts

Serving Size: 1 bar (1.5 oz/44g)

Servings Per Container: 12

Amt Per Serving

Calories 170 Calories from Fat 40

%DV*

Total Fat 4.5g **7%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 150mg **6%**

Potassium 90mg **3%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **12%**

Sugars 10g

Protein 11g **22%**

Vitamin A	30%	•	Vitamin C	30%
Calcium	6%	•	Iron	30%
Vitamin D	25%	•	Thiamine	35%
Riboflavin	25%	•	Niacin	25%
Vitamin B-6	25%	•	Folic acid	25%
Vitamin B-12	25%	•	Biotin	25%
Pantothenic acid	25%	•	Iodine	25%
Magnesium	25%	•	Zinc	25%
Selenium	20%	•	Copper	25%
Manganese	35%	•	Chromium	25%
Molybdenum	25%			

*Percent Daily Values (DV) are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BROWN RICE SYRUP, COATING (SUGAR, PALM KERNEL OIL, NONFAT DRY MILK, WHOLE MILK, CINNAMON, SOY LECITHIN, NATURAL FLAVORS, SALT), SOY PROTEIN ISOLATE, SOY CRISPS (SOY PROTEIN ISOLATE, TAPIOCA STARCH), CORN SYRUP, SOLUBLE CORN FIBER, MOLASSES, COCOA SOY CRISPS (SOY PROTEIN ISOLATE, ALKALIZED COCOA, TAPIOCA STARCH), ROLLED OATS, WHEY PROTEIN ISOLATE, CANOLA OIL, BEET SYRUP, GLYCERIN, VITAMIN AND MINERAL MIX (MAGNESIUM OXIDE, DICALCIUM PHOSPHATE, ASCORBIC ACID, FOLIC ACID, FERROUS FUMARATE, D-BIOTIN, VITAMIN A PALMITATE, NIACINAMIDE, POTASSIUM IODIDE, ZINC OXIDE, CHROMIUM CHLORIDE, CALCIUM D-PANTOTHENATE, COPPER GLUCONATE, SODIUM MOLYBDATE, CYANOCOBALAMIN, MANGANESE SULFATE, SODIUM SELENITE, CHOLECALCIFEROL, THIAMINE MONONITRATE, PYRIDOXINE HCL, RIBOFLAVIN), SOY LECITHIN, SPICES, NATURAL FLAVORS.

CONTAINS: MILK AND SOY. THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, PEANUT AND EGG.

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.