

# NUTRITION FACTS

ADVOBAR A.M.  
**APPLE CINNAMON**

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving Size</b>	<b>1 bar (50g)</b>
Amount per serving	
<b>Calories</b>	<b>190</b>
% Daily Value*	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 10g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 15g	
Vitamin D 2mcg	10% • Calcium 115mg 8%
Iron 5mg	30% • Potassium 181mg 4%
Vitamin A 357mcg	40% • Vitamin C 14mg 15%
Vitamin E 6mg	40% • Vitamin K 19mcg 15%
Thiamine 0.4mg	35% • Riboflavin 0.4mg 30%
Niacin 4mg	25% • Vitamin B6 0.5mg 30%
Folate 152mcg DFE (89mcg Folic Acid)	40% • Vitamin B12 1.4mcg 60%
Biotin 71mcg	240% • Pantothenic Acid 2mg 40%
Phosphorus 156mg	10% • Iodine 36mcg 25%
Magnesium 85mg	20% • Zinc 4mg 35%
Selenium 29mcg	50% • Copper 0.7mg 80%
Manganese 0.6mg	25%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:** SOY PROTEIN ISOLATE, CORN SYRUP, SOY NUTS, SUGAR, DRIED APPLES, BEET SYRUP, SUNFLOWER OIL, CHICORY FIBER, VITAMIN MINERAL MIX (DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, ASCORBIC ACID, FERRIC PYROPHOSPHATE, DL-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, ZINC OXIDE, CALCIUM D-PANTOTHENATE, COPPER CITRATE, MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, BETA CAROTENE, VITAMIN A PALMITATE, FOLIC ACID, D-BIOTIN, POTASSIUM IODIDE, SODIUM SELENITE, PHYTONADIONE, CHOLECALCIFEROL, CYANOCOBALAMIN), GLYCERIN, CALCIUM CASEINATE, CARAMEL COLOR, SALT, CINNAMON, SOY LECITHIN, NATURAL FLAVORS, TAPIOCA STARCH, MILK PROTEIN ISOLATE, MALIC ACID, SUCRALOSE.

**CONTAINS MILK AND SOY.**

**THIS PRODUCT WAS MANUFACTURED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, PEANUTS AND EGG.**

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This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.