

# S U P P L E M E N T F A C T S

ADVOCARE SLIM® STICK PACK  
**APPLE PEAR**

## Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amt Per Serving	%DV
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	**
Taurine	500mg	**
Green coffee fruit extract – ( <i>Coffea canephora robusta</i> P.)	200mg	**
Caffeine	120mg	**
Inositol	30mg	**

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, SPIRULINA EXTRACT (FOR COLOR), BETA CAROTENE (FOR COLOR).

FORMULATED/MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL, LLC  
RICHARDSON, TX 75082 • 800-542-4800

**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

### **DIRECTIONS FOR USE:**

BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**KEEP OUT OF REACH OF CHILDREN.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

# S U P P L E M E N T F A C T S

## ADVOCARE SLIM® STICK PACK LEMONADE

### Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amt Per Serving	%DV
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	**
Taurine	500mg	**
Green coffee fruit extract – ( <i>Coffea canephora robusta</i> P.)	200mg	**
Caffeine	120mg	**
Inositol	30mg	**

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE.

FORMULATED/MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL, LLC  
RICHARDSON, TX 75082 • 800-542-4800  
**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

#### **DIRECTIONS FOR USE:**

BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**KEEP OUT OF REACH OF CHILDREN.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

# S U P P L E M E N T F A C T S

ADVOCARE® SLIM STICK PACK  
**MIXED BERRY**

## Supplement Facts

Serving Size: 1 stick pack (0.2 oz/6g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	<b>Amt Per Serving</b>	<b>%DV</b>
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	*
Taurine	500mg	*
Green coffee fruit extract – ( <i>Coffea canephora robusta</i> P.)	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

\*Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, BEET ROOT POWDER (FOR COLOR), SILICON DIOXIDE, SUCRALOSE.

FORMULATED/MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL L.P.  
PLANO, TX 75074 • 800-542-4800

**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

### **DIRECTIONS FOR USE:**

BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE PRODUCT AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

ADVOCARE® INTERNATIONAL, L.P.

# S U P P L E M E N T F A C T S

ADVOCARE® SLIM STICK PACK  
**PEACH MANGO**

## Supplement Facts

Serving Size: 1 stick pack (0.2 oz/5g) [makes 8 fl oz prepared]  
Servings per Container: 14

	<b>Amt Per Serving</b>	<b>%DV</b>
Thiamine (as thiamine hydrochloride)	1.5mg	125%
Biotin	600mcg	2,000%
Chromium (as chromium citrate)	200mcg	571%
<i>Garcinia cambogia</i> fruit extract	2,400mg	*
Taurine	500mg	*
Green coffee fruit extract – ( <i>Coffea canephora robusta</i> P.)	200mg	*
Caffeine	120mg	*
Inositol	30mg	*

\*Daily Value not established.

**OTHER INGREDIENTS:** NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, SILICON DIOXIDE, SUCRALOSE, BETA CAROTENE (FOR COLOR).

FORMULATED/MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL L.P.  
PLANO, TX 75074 • 800-542-4800

**FOR MORE INFORMATION VISIT [ADVOCARE.COM](http://ADVOCARE.COM)**

### **DIRECTIONS FOR USE:**

BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER OR THE BEVERAGE OF YOUR CHOICE. MAY ADJUST AMOUNT OF WATER TO SUIT TASTE. FOR MAXIMUM EFFECT, CONSUME THE CONTENTS OF TWO STICK PACKS DAILY. CONSUME ONE SERVING 30-45 MINUTES BEFORE BREAKFAST. CONSUME THE SECOND SERVING APPROXIMATELY 2 HOURS AFTER LUNCH, PREFERABLY MID-AFTERNOON.

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. NOT FOR USE BY CHILDREN, PREGNANT OR NURSING WOMEN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE PRODUCT AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

ADVOCARE® INTERNATIONAL, L.P.