

# S U P P L E M E N T F A C T S

ADVOCARE GLOW® COLLAGEN  
**CHERRY BERRY**

## Supplement Facts

Serving Size: 1 stick pack (0.3oz/9g) [makes 8 fl oz prepared]  
Servings Per Container: 14

	Amount Per Serving	%DV
Calories	35	
Total Carbohydrate	4g	1%†
Total Sugars	2g	
Includes 2g Added Sugars		4%†
Protein	5g	
Vitamin C (as ascorbic acid)	60mg	67%
Vitamin D (as cholecalciferol)	25mcg	125%
Vitamin E (as d-alpha tocopheryl acetate)	20.1mg	134%
Vitamin K (as menaquinone)	40mcg	33%
Niacin (as niacinamide)	20mg	125%
Sodium	20mg	1%
Collagen (as Fish Collagen Peptides)	5,000mg	**
Bamboo extract (stem and leaf— <i>Bambusa vulgaris</i> ) (Silica)	50mg	**

\*\*Daily Value (DV) not established.

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** FRUCTOSE, BEET ROOT POWDER (FOR COLOR), NATURAL FLAVORS, CITRIC ACID, REBAUDIOSIDE A (STEVIA LEAF EXTRACT).

**CONTAINS: FISH (TILAPIA, CRIMSON SNAPPER, SADDLETAIL SNAPPER, CARP, COD, POLLACK, GOLDEN THREADFIN BREEM)**

FORMULATED/MANUFACTURED EXCLUSIVELY FOR  
ADVOCARE® INTERNATIONAL, LLC  
RICHARDSON, TX 75082 • 800-542-4800

**FOR MORE INFORMATION VISIT [ADVOCARE.COM](https://www.advocare.com)**

### **DIRECTIONS FOR USE:**

BLEND, SHAKE OR STIR CONTENTS OF ONE STICK PACK INTO 8 FLUID OUNCES OF WATER.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CONTAINS BIOENGINEERED INGREDIENTS.**

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. THIS PRODUCT IS NOT INTENDED FOR PREGNANT OR NURSING WOMEN.

**KEEP OUT OF REACH OF CHILDREN.**

This online information is correct and accurate at the time of publication. Please consult product labeling for current revision.

# S U P P L E M E N T F A C T S

ADVOCARE GLOW®  
**SKIN**

## Supplement Facts

Serving Size: 1 softgel  
Servings Per Container: 30

### Amt Per Serving

Mixed Tocotrienols (fruit – <i>Elaeis guineensis</i> extract)	7.5mg**
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AstaReal® Astaxanthin ( <i>Haematococcus pluvialis</i> algae extract)‡	4mg**
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\*\*Daily Value not established.

**OTHER INGREDIENTS:** EXTRA VIRGIN OLIVE OIL, GELATIN, PURIFIED WATER, GLYCERIN. CONTAINS: TREE NUTS (COCONUT).

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### **DIRECTIONS FOR USE:**

TAKE ONE SOFTGEL PER DAY WITH A MEAL.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. THIS PRODUCT IS NOT INTENDED FOR PREGNANT OR NURSING WOMEN.

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‡ASTAREAL® IS A REGISTERED TRADEMARK OF FUJI CHEMICAL INDUSTRIES CO., LTD.

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ADVOCARE® INTERNATIONAL, LLC

# S U P P L E M E N T F A C T S

ADVOCARE GLOW®  
**HAIR & NAILS**

## Supplement Facts

Serving Size: 1 Caplet  
Servings Per Container: 30

	Amount Per Serving	%DV
Thiamine	1.5mg	125%
Biotin	5,000mcg	16,667%
Zinc (as zinc gluconate)	7.5mg	68%
Selenium (as L-selenomethionine)	35mcg	64%
MSM (methyl-sulfonyl-methane)	600mg	**
Horsetail Extract (leaf & stem— <i>Equisetum arvense</i> )	250mg	**
Alpha Lipoic Acid (thioctic acid)	200mg	**

†Percent Daily (DV) are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, MAGNESIUM STEARATE, STEARIC ACID, SILICON DIOXIDE, AQUEOUS COATING (CONSISTING OF HYDROXYPROPYL CELLULOSE, HYPROMELLOSE, POLYETHYLENE GLYCOL, WAX).

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### **DIRECTIONS FOR USE:**

TAKE ONE CAPLET PER DAY WITH A MEAL.

**STORE AWAY FROM EXCESSIVE HEAT, LIGHT AND HUMIDITY.**

**CAUTION:** CHECK WITH YOUR HEALTHCARE PROFESSIONAL BEFORE USING THIS PRODUCT. THIS PRODUCT IS NOT INTENDED FOR PREGNANT OR NURSING WOMEN OR INDIVIDUALS UNDER 18 YEARS OF AGE.

**KEEP OUT OF REACH OF CHILDREN.**

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